

My First/My Next Triathlon Overall Weekend 3

Place	Bib	Name	Class	Residence	State	Swim	Bike	Run	Total
1	495	Robert Johnson	MFT	Chilliwack	BC	0:21:23.559	0:24:14.304	0:21:41.874	1:07:19.737
2	480	Hughe Rose	MFT	Vancouver	BC	0:10:12.946	0:33:03.860	0:26:16.614	1:09:33.420
3	10	Jim Wills	MFT	Van	BC	0:16:06.297	0:32:22.351	0:24:45.130	1:13:13.778
4	361	Kevin Kokoska	MFT	Langley	BC	0:14:30.153	0:34:36.843	0:25:33.422	1:14:40.418
5	423	Jon Kroon	MFT	Comox	BC	0:10:52.177	0:39:22.000	0:23:11.000	1:15:00.000
6	484	Brendan Sexton	MFT	Coquitlam	BC	0:17:27.192	0:34:51.624	0:23:49.406	1:16:08.222
7	453	Grayson Pettigrew	MFT	Campbell River	BC	0:13:40.966	0:36:30.671	0:26:12.181	1:16:23.818
8	488	Dominik Szopa	MFT	Vancouver	BC	0:14:27.945	0:33:49.135	0:28:16.013	1:16:33.093
9	486	John Starcevic	MFT	Maple Ridge	BC	0:17:31.736	0:30:46.489	0:28:22.279	1:16:40.504
10	479	Jason Valyear	MFT	Surrey	BC	0:17:11.790	0:34:53.759	0:24:52.608	1:16:58.157
11	490	David Williams	MFT	Vancouver	BC	0:16:16.548	0:35:14.155	0:25:57.786	1:17:28.489
12	485	Brett Shaw	MFT	Coquitlam	BC	0:13:49.500	0:35:29.380	0:28:13.071	1:17:31.951
13	200	Dalen Friesen	MFT	Vancouver	BC	0:15:05.275	0:36:59.414	0:25:36.317	1:17:41.006
14	199	Glynda Fitzgerald	MFT	West Vancouver	BC	0:17:23.326	0:34:37.764	0:25:45.521	1:17:46.611
15	196	Gary Davey	MFT	Vancouver	BC	0:14:49.250	0:34:28.714	0:28:44.002	1:18:01.966
16	159	Curtis Braun	MFT	Surrey	BC	0:16:14.106	0:34:10.520	0:28:50.698	1:19:15.324
17	468	Myke Suylivan	MFT	Vancouver	BC	0:18:18.568	0:35:11.278	0:26:02.070	1:19:31.916
18	476	Andrew Turnbull	MFT	Surrey	BC	0:15:54.612	0:33:58.220	0:29:40.495	1:19:33.327
19	281	Wayne Gilmartin	MFT	Vancouver	BC	0:16:02.987	0:36:00.057	0:27:34.705	1:19:37.749
20	465	Erin Mclellan	MFT	Vancouver	BC	0:14:13.162	0:37:15.800	0:28:16.319	1:19:45.281
21	487	Joann Ranson	MFT	williamslake	BC	0:15:04.001	0:37:47.280	0:28:09.510	1:21:00.791
22	497	Thomas Read	MFT	London	UK	0:12:59.055	0:35:55.522	0:32:53.487	1:21:48.064
23	364	Matthew Leahy	MFT	Vancouver	BC	0:15:14.716	0:38:58.847	0:27:47.847	1:22:01.410
24	447	Richard Norman	MFT	Cumberland	BC	0:16:38.193	0:35:21.203	0:30:07.586	1:22:06.982
25	492	Ken Wong	MFT	Burnaby	BC	0:17:31.829	0:38:24.167	0:26:12.326	1:22:08.322
26	360	Danielle Knight	MFT	Vancouver	BC	0:13:17.259	0:40:55.312	0:28:01.810	1:22:14.381
27	445	Vadim Mugerma	MFT	Vancouver	BC	0:18:48.025	0:36:28.600	0:27:00.392	1:22:17.017
28	80	Luigi Albarracin	MFT	Richmond	BC	0:20:47.996	0:31:03.139	0:30:46.242	1:22:37.377
29	85	Vince Ayroso	MFT	Vancouver	BC	0:14:37.674	0:38:30.898	0:29:28.835	1:22:37.407
30	363	Dj Larkin	MFT	Vancouver	BC	0:19:12.879	0:36:32.374	0:27:49.324	1:23:34.577
31	430	Bill Letcher	MFT	Burnaby	BC	0:14:51.700	0:40:36.246	0:28:32.302	1:24:00.248
32	94	Kelly Catron	MFT	Vancouver	BC	0:15:41.083	0:39:02.573	0:29:25.155	1:24:08.811
33	455	Tanasut Rasmidatta	MFT	Vancouver	BC	0:16:49.745	0:37:23.084	0:30:01.884	1:24:14.713
34	417	Alana Jorgensen	MFT	Campbell River	BC	0:17:31.399	0:39:41.728	0:27:39.287	1:24:52.414
35	287	Brian Hodge	MFT	Coquitlam	BC	0:18:26.308	0:36:32.790	0:30:02.424	1:25:01.522

36	414	Kara Horsman	MFT	Vancouver	BC	0:53:38.820	0:31:27.402		1:25:08.000
37	468	Jim Moriarity	MFT	Port Moody	BC	0:14:07.770	0:35:42.318	0:35:21.205	1:25:11.293
38	357	Stephen Johnson	MFT	Vancouver	BC	0:19:43.639	0:38:03.579	0:27:55.823	1:25:43.041
39	427	Patricia Lau	MFT	Vancouver	BC	0:14:18.527	0:38:59.761	0:32:27.936	1:25:46.224
40	431	Sofia Lombera	MFT	Vancouver	BC	0:14:09.266	0:38:55.373	0:32:41.603	1:25:46.242
41	463	Darren McClure	MFT	Vancouver	BC	0:18:37.865	0:42:34.035	0:24:41.032	1:25:52.932
42	280	Derek Gagne	MFT	Brackendale	BC	0:15:19.841	0:36:18.098	0:34:30.344	1:26:08.283
43	197	Trevor Dmitruk	MFT	Burnaby	BC	0:16:44.919	0:41:11.545	0:28:20.876	1:26:17.340
44	472	Andrej Nemcek	MFT	Vancouver	BC	0:15:03.170	0:43:21.255	0:27:53.668	1:26:18.093
45	475	Julie Patrick	MFT	Vancouver	BC	0:17:27.340	0:40:41.229	0:28:57.586	1:27:06.155
46	88	Patrick Baker	MFT	Bellingham	WA	0:18:41.392	0:35:58.458	0:32:51.055	1:27:30.905
47	494	Larsen Shelly	MFT	Mapleridge	BC	0:16:45.415	0:38:34.082	0:32:16.738	1:27:36.235
48	472	Michelle Thiessen	MXT	Surrey	BC	0:55:59.208	0:31:54.710		1:27:55.000
49	486	Tom Syvenky	MFT	Burnaby	BC	0:20:02.894	0:39:27.181	0:28:33.081	1:28:03.156
50	333	Cyrus Huang	MFT	Vancouver	BC	0:19:22.234	0:37:09.770	0:31:59.039	1:28:31.043
51	100	Shanti Davies	MFT	Vancouver	BC	0:18:50.293	0:40:04.521	0:29:55.795	1:28:50.609
52	450	Greg Oyhenart	MFT	Vancouver	BC	0:17:56.907	0:39:07.195	0:31:48.603	1:28:52.705
53	296	Sarah Finnie	MFT	North Vancouver	BC	0:20:47.207	0:38:25.848	0:29:55.771	1:29:08.826
54	362	Paul Lanfranchi	MFT	Port Coquitlam	BC	0:21:08.763	0:36:50.152	0:31:14.748	1:29:13.663
55	84	Joanna Axelson	MFT	Vancouver	BC	0:56:01.626	0:33:10.715		1:29:18.000
56	356	Anke Jenkins	MFT	Burnaby	BC	0:16:52.680	0:38:13.372	0:34:46.608	1:29:52.660
57	471	Ian Munro	MFT	Vancouver	BC	0:19:14.059	0:35:40.518	0:34:58.115	1:29:52.692
58	288	Chris Deas	MFT	Port Moody	BC	0:18:49.846	0:40:51.623	0:30:15.245	1:29:56.714
59	425	Victoria Lake	MXT	Vancouver	BC	0:19:07.200	0:37:49.207	0:33:04.573	1:30:00.980
60	91	Alexandra Brown	MFT	Williams Lake	BC	0:18:13.504	0:41:02.948	0:30:47.291	1:30:03.743
61	114	Stephanie Allam	MFT	West Vancouver	BC	0:17:25.519	0:40:52.424	0:32:04.390	1:30:22.333
62	464	Elaine Scott	MFT	Langley	BC	0:18:57.320	0:39:10.486	0:32:29.900	1:30:37.706
63	98	Natasha Copeland	MFT	Vancouver	BC	0:18:58.665	0:39:13.984	0:33:05.447	1:31:18.096
64	282	Jenika Gordon	MXT	Vancouver	BC	0:20:19.432	0:44:34.062	0:26:35.243	1:31:28.737
65	428	Carissa Leeson	MFT	Surrey	BC	0:16:27.092	0:43:30.579	0:31:34.875	1:31:32.546
66	367	Suzanna Lonsdale	MFT	Vancouver	BC	0:18:38.628	0:40:20.037	0:32:36.775	1:31:35.440
67	495	Ryan Gleeson	MFT	Absfort	BC	0:17:48.480	0:41:03.627	0:32:59.878	1:31:51.985
68	454	Candace Plohman	MFT	Vancouver	BC	0:17:40.258	0:43:23.076	0:31:01.337	1:32:04.671
69	358	Susan Karda	MFT	West Vancouver	BC	0:16:35.503	0:42:02.219	0:33:27.992	1:32:05.714
70	473	Otto Neumann	MFT	Maple Ridge	BC	0:19:07.750	0:40:13.416	0:32:45.381	1:32:06.547
71	193	Azker Cader	MFT	Maple Ridge	BC	0:17:44.035	0:41:39.104	0:32:44.660	1:32:07.799
72	93	Vince Caleca	MFT	Coquitlam	BC	0:15:30.637	0:43:38.862	0:33:02.881	1:32:12.380

73	469	Michaela Sykorova	MFT	Coquitlam	BC	0:17:19.625	0:43:02.697	0:32:27.051	1:32:49.373
74	413	Holly Hinman	MFT	Bellingham	WA	0:19:40.144	0:38:05.675	0:35:40.202	1:33:26.021
75	369	Jennifer MacLachlan	MFT	Vancouver	BC	0:16:30.540	0:41:20.775	0:35:56.291	1:33:47.606
76	437	Lise Mckenzie	MFT	Burnaby	BC	0:18:08.727	0:41:43.332	0:34:06.765	1:33:58.824
77	402	Erin Hailstone	MFT	Chilliwack	BC	0:18:10.802	0:42:08.180	0:34:13.698	1:34:32.680
78	456	Rachelle Rebman	MFT	Vancouver	BC	0:18:52.936	0:42:48.460	0:32:58.684	1:34:40.080
79	496	Keven Austin	MFT	Mapleridge	BC	0:17:50.980	0:41:04.941	0:35:45.056	1:34:40.977
80	295	Kevin Fadley	MXT	Burnaby	BC	0:18:16.954	0:39:29.312	0:37:52.015	1:35:38.281
81	334	Lynsey Huxham	MFT	Vancouver	BC	0:21:42.439	0:42:17.150	0:31:44.555	1:35:44.144
82	51	Toby Newmann	MFT	Van	BC	0:15:44.824	0:45:53.786	0:34:12.033	1:35:50.643
83	457	Brandon Reed	MFT	Surrey	BC	0:19:40.166	0:38:23.192	0:37:51.558	1:35:54.916
84	374	Heather Mcansh	MFT	Vancouver	BC	0:18:54.276	0:39:00.048	0:38:08.244	1:36:02.568
85	441	Joanne Meyers	MXT	Surrey	BC	0:18:11.645	0:37:26.320	0:40:28.083	1:36:06.048
86	433	Louie Maione	MFT	Langley	BC	0:20:31.712	0:43:29.544	0:32:42.371	1:36:43.627
87	83	Shelly Anderson	MFT	Port Coquitlam	BC	0:18:56.510	0:11:26.970	1:06:24.649	1:36:48.129
88	405	Ernst Hansch	MFT	Vancouver	BC	0:20:04.751	0:45:07.571	0:31:51.915	1:37:04.237
89	499	Malgorzata Piasecka	MFT	Van	BC	0:15:36.965	0:46:32.834	0:35:27.994	1:37:37.793
90	403	Beth Hall	MFT	Vancouver	BC	0:13:24.117	0:51:09.707	0:33:15.273	1:37:49.097
91	480	Shawna Van Hove	MFT	Surrey	BC	0:15:53.335	0:49:43.295	0:32:17.531	1:37:54.161
92	439	Carmen Meier	MFT	Surrey	BC	0:19:03.286	0:46:31.247	0:32:19.686	1:37:54.219
93	481	Amber Van Hove	MFT	Fort Langley	BC	0:19:05.408	0:46:25.915	0:32:22.948	1:37:54.271
94	483	Sandy Schellenberg	MFT	Abbotsford	BC	0:19:29.387	0:44:55.997	0:33:35.312	1:38:00.696
95	286	Kim Hodge	MFT	Coquitlam	BC	0:18:28.466	0:43:38.962	0:36:12.731	1:38:20.159
96	475	Margaret Trim	MFT	Vancouver	BC	0:18:44.729	0:41:57.492	0:37:53.286	1:38:35.507
97	311	Debra Hopkins	MFT	Victoria	BC	0:18:13.403	0:42:03.475	0:38:19.059	1:38:35.937
98	478	Kjerstin Vaarstra	MFT	Maple Ridge	BC	0:14:07.687	0:51:00.812	0:35:59.907	1:41:08.406
99	285	Natalie Hansen	MFT	Vancouver	BC	0:19:16.554	0:47:02.009	0:35:02.349	1:41:20.912
100	500	Laurie Buckley	MFT	Van	BC	0:24:01.354	0:46:18.214	0:31:02.245	1:41:21.813
101	12	Crislana Rafael	MFT	Surrey	BC	0:18:10.350	0:52:14.487	0:31:46.652	1:42:11.489
102	294	Kristy Fadley	MXT	Burnaby	BC	0:18:15.609	0:43:18.230	0:41:04.226	1:42:38.065
103	452	John Parrish	MFT	Tacoma	WA	1:43:05.238			1:42:47.000
104	470	Traci Mountain	MFT	Coquitlam	BC	0:16:22.877	1:00:57.970	0:25:32.239	1:42:53.086
105	462	Charnelle McClure	MFT	Vancouver	BC	0:16:04.024	0:49:27.691	0:37:43.579	1:43:15.294
106	355	Suzanne Isaacson	MXT	Vancouver	BC	0:17:13.213	0:46:44.003	0:39:54.213	1:43:51.429
107	289	Katrina Dodd	MFT	Vancouver	BC	0:17:54.451	0:50:38.181	0:35:23.933	1:43:56.565
108	463	Candice Saunders	MXT	Vancouver	BC	0:19:14.260	0:41:40.089	0:43:23.753	1:44:18.102
109	21	Jennifer Goodlad	MFT	North Van	BC	0:15:47.989	0:50:45.350	0:38:10.755	1:44:44.094

110	125	Elizabeth Boghean	MFT	Gibsons	BC	0:23:07.882	0:45:56.638	0:36:44.229	1:45:48.749
111	488	Lisa Maniquet	MFT	Van	BC	0:19:55.543	0:42:05.752	0:43:50.440	1:45:51.735
112	418	Michael Kearney	MFT	Port Moody	BC	0:20:08.207	0:44:36.530	0:41:08.753	1:45:53.490
113	471	Rena Tabata	MFT	Richmond	BC	0:14:43.303	0:55:13.524	0:36:33.892	1:46:30.719
114	96	Perry Chiu	MFT	Vancouver	BC	0:30:43.613	0:42:27.939	0:33:31.544	1:46:43.096
115	438	Alexine Mclellan	MFT	Fort Langley	BC	0:19:17.791	0:49:16.922	0:38:24.391	1:46:59.104
116	448	Paula O'Brien	MFT	Chilliwack	BC	0:22:25.845	0:44:54.394	0:39:46.133	1:47:06.372
117	415	Deborah Jandrich	MFT	Vancouver	BC	0:21:07.194	0:44:32.175	0:41:27.256	1:47:06.625
118	110	Roberto Alcantara	MFT	Vancouver	BC	0:19:20.272	0:49:09.840	0:38:44.421	1:47:14.533
119	482	Selena Scheirer	MFT	Port Moody	BC	0:21:07.080	0:48:32.894	0:37:55.403	1:47:35.377
120	81	Maya Alonso	MFT	Vancouver	BC	0:20:36.024	0:47:30.221	0:39:57.627	1:48:03.872
121	467	Amanda Supeene	MFT	Abbotsford	BC	0:24:28.624	0:48:18.711	0:36:09.525	1:48:56.860
122	410	Gail Hickey	MFT	Surrey	BC	0:20:21.882	0:53:19.221	0:35:33.513	1:49:14.616
123	476	Louisa Phung	MFT	Port Moody	BC	0:25:33.020	0:44:49.120	0:39:19.064	1:49:41.204
124	420	Aline Khanjian	MFT	Coquitlam	BC	0:20:51.196	0:53:12.613	0:35:41.272	1:49:45.081
125	484	Jennifer Winger	MFT	Seattle	WA	0:29:32.825	0:45:49.804	0:34:23.784	1:49:46.413
126	470	Rastislav Synak	MFT	Port Coquitlam	BC	0:15:05.236	0:44:57.692	0:50:27.886	1:50:30.814
127	451	Jill Palmer	MFT	New Westminster	BC	0:17:37.323	0:51:48.978	0:41:43.582	1:51:09.883
128	462	Angela Ryder	MFT	Kelowna	BC	0:18:31.096	0:54:21.799	0:38:27.048	1:51:19.943
129	412	Nicole Hildebrand	MXT	Surrey	BC	0:22:18.328	0:46:24.506	0:42:48.792	1:51:31.626
130	459	cara roberts	MFT	Vancouver	BC	0:25:41.120	0:47:54.822	0:37:57.321	1:51:33.263
131	473	Jacqueline Thompson	MFT	Mission	BC	0:20:19.214	0:51:31.133	0:40:02.245	1:51:52.592
132	464	Bryan Mcconachy	MFT	West Vancouver	BC	0:27:21.661	0:46:39.753	0:39:00.003	1:53:01.417
133	95	Allison Chew	MFT	Vancouver	BC	0:26:32.434	0:48:13.679	0:38:52.330	1:53:38.443
134	82	Karli Anderson	MFT	Port Moody	BC	0:17:18.717	0:55:56.066	0:40:52.496	1:54:07.279
135	411	Terry Hickey	MFT	Surrey	BC	0:20:20.202	0:53:22.176	0:40:26.654	1:54:09.032
136	496	Alice Read	MFT	London	UK	0:13:18.667	0:55:37.459	0:46:25.691	1:55:21.817
137	465	Brigitte Scott	MFT	Langley	BC	0:20:22.981	0:53:32.604	0:42:44.245	1:56:39.830
138	86	Amberly Bader	MFT	Langley	BC	0:29:14.201	0:46:23.632	0:41:22.764	1:57:00.597
139	297	Caroline Foulds	MFT	Surrey	BC	0:20:18.781	0:50:56.743	0:47:42.092	1:58:57.616
140	449	Karen Oyhenart	MFT	Surrey	BC	0:29:24.823	0:53:35.102	0:36:12.346	1:59:12.271
141	493	Laura Woodruff	MFT	Chilliwack	BC	0:18:21.160	0:53:25.297	0:48:21.227	2:00:07.684
142	370	Beth Maenpaa	MFT	Mission	BC	0:19:59.951	1:02:20.575	0:38:06.787	2:00:27.313
143	483	Rachel Wille	MFT	Chilliwack	BC	0:18:00.258	0:54:25.363	0:50:39.646	2:03:05.267
144	474	Robert Todd	MFT	Houston	TX	0:24:37.830	0:54:41.537	0:44:04.716	2:03:24.083
145	434	Gillian Matheson	MFT	Delta	BC	0:23:24.636	0:49:06.583	0:51:22.893	2:03:54.112
146	99	Robert Dale	MFT	Delta	BC	0:19:23.100	0:54:47.173	0:49:43.908	2:03:54.181

147	359	Michael King	MFT	Surrey	BC	0:19:13.455	1:00:39.329	0:47:49.322	2:07:42.106
148	466	Valerie Senger	MFT	Vancouver	BC	0:26:51.271	0:52:12.884		2:12:03.000
149	466	Sara McMahon	MFT	Surrey	BC	0:29:31.537	1:04:00.357	0:43:40.441	2:17:12.335
150	292	Pam Evans	MFT	Chilliwack	BC	0:25:14.811	1:02:12.012	0:50:23.370	2:17:50.193
151	469	M. Jane Moudry	MFT	Bellingham	WA	0:24:48.247	1:04:55.716	0:51:16.042	2:21:00.005
152	284	Rachel Grossman	MFT	Seattle	WA	0:24:44.265	1:05:01.956	0:51:14.501	2:21:00.722
153	429	Stephanie Lemmo	MFT	Vancouver	BC	0:26:57.729	1:06:56.882	0:48:25.067	2:22:19.678
154	461	Sylvia Roscoe	MFT	Coquitlam	BC	0:30:42.274	1:06:06.662	0:45:30.804	2:22:19.740
155	90	Lisa Braun	MFT	Chilliwack	BC	0:15:01.504	1:10:27.482	1:00:59.613	2:26:28.599
156	66	Vesanto Melina	MFT	Langley	BC	0:25:45.063	1:01:17.503	1:00:09.258	2:27:11.824
157	195	Wendy Daniels	MXT	Surrey	BC	0:30:13.045	1:03:38.566	0:57:56.638	2:31:48.249
158	192	Doris Butula	MXT	Surrey	BC	0:29:31.085	1:03:58.411	0:58:18.780	2:31:48.276
159	371	Tracy Major	MXT	Vancouver	BC	0:30:21.094	1:03:24.219	0:58:03.032	2:31:48.345
160	491	Trevon Mowatt	MFT	Van	BC	1:01:10.303	0:44:44.472	0:50:33.003	2:36:27.778
161	494	Brown Kyle	MFT	Van	BC	1:45:57.041			2:36:40.000
162	493	Aaron Brown	MFT	Van	BC	1:01:05.548	0:48:53.674	1:16:16.931	3:06:16.153
163	492	Zach Flett	MFT	Van	BC	1:01:07.778	0:54:58.663	1:10:14.946	3:06:21.387
164	482	Jaime Wartier	MXT	Chilliwack	BC	0:17:46.647	1:10:06.869		3:11:10.000
165	87	Wanda Bader	MFT	Langley	BC	1:07:34.566	0:36:00.746		3:15:12.000
166	97	Harry Choe	MFT	Vancouver	BC	1:16:35.632	0:49:42.138		3:20:20.000
167	490	Chabasco Flanders	MFT	Van	BC	2:04:43.960	1:38:39.087		3:43:00.000
168	489	Chris Davy	MFT	Van	BC	1:46:08.889	1:57:15.476		3:44:18.000